



Porters Grange Primary School

Physical Education

Ball Skills

Early Years	<p>Emotional: I am confident to try new activities.</p> <p>Emotional: I ask for help if needed.</p> <p>Physical: I can handle equipment effectively.</p> <p>Physical: I can move confidently in a range of ways.</p> <p>Physical: I can safely negotiate space.</p> <p>Physical: I can show good control and co-ordination in small and large movements.</p> <p>Physical: I can talk about ways to keep healthy and safe.</p> <p>Physical: I know the importance for good health and physical exercise.</p> <p>Social: I am sensitive to others' feelings.</p> <p>Social: I play co-operatively, taking turns.</p> <p>Thinking: I can talk about my own ideas and use them in response to a task.</p> <p>Thinking: I understand and follow rules.</p>
Year 1	<p>Begin to catch with two hands.</p> <p>Begin to dribble a ball with my hands and feet.</p> <p>Begin to understand simple tactics.</p> <p>Recognise changes in my body when I do exercise.</p> <p>Roll and throw with some accuracy towards a target.</p> <p>Say when someone was successful.</p> <p>I can track a ball that is coming towards me.</p> <p>Work co-operatively with a partner.</p>
Year 2	<p>Begin to provide feedback using key words.</p> <p>Begin to understand and use simple tactics.</p> <p>Describe how my body feels during exercise.</p> <p>Dribble a ball with my hands and feet with some control.</p> <p>Roll and throw a ball to hit a target.</p>

	<p>Send and receive a ball using both kicking and throwing and catching skills.</p> <p>Track a ball and collect it.</p> <p>Work co-operatively with a partner and a small group</p>
Year 3	<p>Catch different sized objects with increasing consistency with two hands.</p> <p>Dribble a ball with control.</p> <p>Persevere when learning a new skill.</p> <p>Provide feedback using key words.</p> <p>Share ideas and work with others to create a game.</p> <p>Show a variety of throwing techniques.</p> <p>Throw with accuracy and increasing consistency to a target.</p> <p>Track the path of a ball that is not sent directly to me.</p>
Year 4	<p>Accurately use a range of throwing techniques to throw to a target.</p> <p>Catch different sized objects with increasing consistency with one and two hands.</p> <p>Consistently track the path of a ball that is not sent directly to me.</p> <p>Dribble a ball with increasing control and co-ordination.</p> <p>Persevere when learning a new skill.</p> <p>Provide feedback using key terminology and understand what I need to do to improve.</p> <p>Share ideas and work with others to create a game to develop a certain skill.</p>
Year 5	
Year 6	